# SEASONALLY INSPIRED MENU

#### **APPETIZERS**

Burrata with Tomatoes & Pesto
Açai Bowl
Asian Sesame Chicken Pot Sticker

#### **SOUPS & SALADS**

Chef's Soup of the Day Beef Consommé (Reduced Sodium)

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# **Maplewood Signature Salad**

Chopped Romaine, Dried Cranberries, Shredded Carrots, Walnuts, with Herb Vinaigrette

#### **Buddha Bowl**

Quinoa, Basmati Rice, Roasted Brussel Sprouts, Sweet Potato, Baby Kale, Pickled Red Onion, Guacamole, Yum Yum Sauce, Everything Seasoning

# **Grilled Chicken Caesar Salad**

Crisp Romaine lettuce, parmesan cheese, croutons, Julienne grilled chicken breast, traditional Caesar dressing

## **SANDWICHES**

# **Create Your Own**

Choose from fresh bread, rolls, or whole wheat tortilla wrap.

Shaved Ham/ Roast Beef/Low sodium Turkey Breast Homemade Tuna, Egg or Chicken Salad Fresh greens/ Tomato/ Bacon/ Cheddar/ Swiss

# **SIDES**

Low-Fat Cottage Cheese Low-Fat Yogurt Sweet Potato Fries Cole Slaw

#### **CASUAL FARE**

# **Maplewood Burger**

100 % Black Angus, Crisp Lettuce, Vermont Cheddar, Pickled Bermuda Onion, Brioche Roll, Pickle

#### Havarti Chicken Cutlet

Crispy Chicken Cutlet, Havarti Cheese, Sliced Tomato, Lettuce, Multi Grain Bun,

## **Burrata Flatbread**

Mozzarella, Marzano Tomato Sauce, Chiffonade Basil

## **MAPLEWOOD SIGNATURE**

# **Petite Filet Mignon**

Grilled to Perfection, Demi-Glace, Chef's Vegetable, Potato of the Day

# **Herb Encrusted Salmon**

Local Fillet, Herbs, Panko Breadcrumb, Seasonal Greens

# **JUST IN THE MOOD**

Grilled Cheese & Tomato
Grilled Frankfurter
Baked Macaroni Cheese
Maplewood BLT
Angel Hair Pasta Pomodoro

# **DESSERTS**

Assorted Ice Cream, Apple Streusel, Rice Pudding, New York Style Cheese Cake, Fresh Seasonal Fruit

Before placing your order, please inform your server if any person in your party has a food allergy. Thoroughly cooked meats, poultry, seafood, shellfish, or eggs reduce the risk of foodborne illness.